



## F4BG Coach Profile

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<b>Description of your business and expertise (150 – 200 words)</b>	
<p>I have worked as a performance coach and training consultant since 1991. My experience includes working with both corporate clients as well as micro and small/medium-sized businesses in the commercial and third sector. My specialist area of expertise is helping business owners with the development of people processes and managing relationships with both individuals and teams.</p>	